

## Omutyanayi/Enyanosokono

Omutyanayi ogwo omukalo gwokupopya omuntu pamukalo tagu mu etelitha uutondwe kuyalwe, tashi ningwa molwondhino yuundikushi - ngashi uukwamuhoko, eitaalo, uulema, onziililo/oshimbu, oludhi, uukashikekookantu nenge ondjokana.

Oveta yaNamibia oya gandja emanguluko lyokupopya nokwiithamuna mo, ashike oveta oyo tuu ndjoka, oya gamena uuthemba, uukwaahathindilwakongudhi nuundiifela (uundii-ili) womuntu. Uuthemba nawa kalekwe po.

Oveta yaNamibia oya indika omipopyo dhomityanayi, ashike kaku na naanaa sigo oompaka oveta tayi popi neukililo kombinga yomutyanyayi nomasokonathano, uuna tashi ya kuukashikekookantu nenge kuundiifela/kuundii-ili.

Iipopya ayihe yopautondwe (omityanayi) oya gumwa koveta yokukeelela eehamo lyondhilo/lyongushu yomuntu, eehamo lyesimanekathano nehekelathano/efalathano mo okulonga iimbuluma. Shino otashi ti kutya oto vulu wu tulile mo omuntu oshipopotha kopolisi, ngono e ku popi nayi molwonkalo yoye yi na sha nuushenge nonuuhikwaali.

Oto vulu wo wu tule mo oshipopotha wu pule wu futwe molwenyatekoshundulo lyuuntusimani woye, oowinontseyo dhoye nuundiifela (uundii-ili) woye, sha etwa komutyanyayi we ga ningilwa.



## Omathaneko komilandu dhegamenno lyuuthemba womashenge noohikwaali

Muuyuni awuhe okwa ningwa omathaneko ge na sha noveta yegamenno lyuuthemba womashenge nowoohikwaali, ga pewa oonakutula ooveta miilonga. Aapolisi oya tegelelwa ya longe pamukalo gu li nawa, ya konakone iipoptha nawa nuukwaahagamambinga nokugeela oonakuyona ngashi ye shi ilongela.

## Omayemenyenyeto kombinga yaapolisi yaNamibia

Ngele owu wete aapolisi inaaya longa mo nawa oshipoptha shoye, popya nOmukuluntu gwOpolisi gwaapolisi mboka. Natango shono ngele inashi ku ninga wa mbilipalekwa, kwatathana nOshikondo shOmanyenyeto nOshitopolwa shOmavyulonkalo.

Oshokondo shOmanyenyeto nOshitopolwa shOmavyulonkalo ho taku ukithwa oshipoptha:

### Komanda gwOpolisi. Ninga ngeyi:

- **GANDJA OMBAPILA YOYE MEKE**  
kofulula ontintantu, National Police Headquarters, Windhoek
- **TO UMBU MOPOOSA KO**  
Private Bag 12024 Aussspanplatz, Windhoek
- **TO DHENGE ONGODHI NDJI**  
061-2093111
- **OTO VULU OKUTUMA OFAKSA KO**  
061-2093358



Okafo haka oka longekidhwa kOmapekapeko gUukashikekookantu nOproyeka yaAhenda yEndiki lyEkwatho lyOpaveta mo-2014.

Oonzo nomakwathelo genduluko oga ningwa kEpangelo lyilgwana yaHangana yaAmerica

Endiki lyEkwatho lyOpaveta: Ongodhi 061-223356 ● Oshiketha shopoosa 604, Ovenduka ● info@lac.org.na

# UUTHEMBA WOMASHENGE NOWOOHIKWAALI MONAMIBIA

# Egamenno

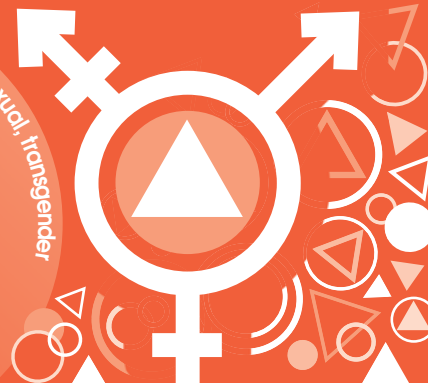
Odashenge, oohikwaali naayehe yuukwatya wa fa mboka, muuyuni auhe nomuNamibia ohaa ehamekwa unene komangwandjagulo.

Ongundumutima yUuthemba wOmntu yIlgwanahangano, oya pititha oomathothaneko gaali, ge na sha nomangwandjulo, omahepekathana nomathindilwokongudhi, haga ningilwa oohandimwe mboka muuyuni (omolwuuteku wawo wopaihulo nuundiifela/uundii-ili) wawo. Okomisi yUuthemba wOpantu nowOpaigwana muAfrika, nayo wo oya pititha euthothaneko tali pangula omangwandjulathano nomahepeko haga ningilwa aantu, shi na sha nomauteku gawo gopaihulo, uundiifela paukashikekookantu, tayi pula omapangelo muAfrika ga katuke onkatu kombinga yomukundu nguka.

Odhindji dhomooveta dhokukeelela omangwandjagulwo, kadhi na sha nuukashikekookantu nodha tulilwa po kehe omuntu, sha faathana, noinaakutalwa nando uuteku wopaihulo nenge uundiifela womuntu paukashikekookantu.

LGBT = lesbian, gay, bisexual, transgender

LGBT =  
omashenge,  
oohikwaali,  
omulumentukiintu,  
omukiintulumentu



## Omahepekathano gomomagumbo

Egameni lyomEkelelo lyOmahepekathano gomomagumbo inali kwatela mo ekalopamwe lyaantu yuukashikekookantu wa faathana, ihe ehungomwenyo lyomoveta yuuthemba womashenge nowoohikwaali olya kwatela mo mbo taa ngwandjulwa kuyamwe yomoofamili dhawo. Ngele oto ningwa nayi kugumwe gwomaaanegumbo lyaandjeni, oto vulu okupula egameni kombelewa yaMangestrata, e ku ningile elombwelogameno, ndyono tali lombwele nakuningwa nayi/naku ku tilitha, a hulithe po uukolokoshi we. Otashi vulika egameni li lombwele oshilyo shomegumbo shono tashi ku ningi nayi, shi ze mo megumbo, nenge shaahaye nando mekwatathano nangoye.

Opo wu mone omauyeleele galwe ga gwedha po shi na sha naashono wu na okuninga ngele to monithwa iihuna, lesha okafo okashona ka za kombelewa yEndiki lyEkwathelo Paveta no Legal Assistance Centre (LAC), taka popi Oveta yOmahepekathano gOmomagumbo.



Okumonithwa iihuna shi na sha nomahepeko gomekwatathano nomuntu gwuukashikekookantu wa faathana, ota vulu a ninge ngaashi tashi landula:

1. Tula mo oshipotha shedhengwo neyenenwo wa ningilwa kungandi.
2. Mona egamenombili. Oku shi ninga, fala ekemoyemato lyoye wu ka ninge egano lyoye komeho gaMangestrata kutya, opu na gumwe he ku sosa noku ku ehameka. Konima nge wa ningi ngawo, mangestrata, shampa a pulakene ehokololo lyoye, ote ku pe omukandapopilo ngoka gu na oonkondo dhoku ku gamena, uulethimbo woomwedhi hamano. Omukandagameno otagu vulu gu pule omuningi gwuwinayi (nakutilitha) a gandje iimaliwa yomwaalu gwontumba, mbyono itee ke yi galulilwa, ngele ini iyutha komalombwelo ngono a pewa komukandagameno.
3. Imonena eindikokwatathano lya za kOhofa yOpombanda. Ndino olyo elombwelo lya gandjwa kOhofa tali ti kutya “nima ngono” ina enda po we pungoye nenge ina kwatathana we nangoye pamukalo gwontumba nenge gwongandi. Owa pumbwa wo omupopiliko gwopaveta ngono tashi vulika yi ninge oshipotha shoye shi pule oshindji pashimaliwa.

4. Pula wu futilwe ashihe shoye sha yonagulwa molwuukolokoshi mbono wa ningilwa, ngaashi oofuto dhepango lyoye, ekanitho lyondjambi sho itoo vulu we okulonga, nuuwehame nuunkundi mbo wa etelwa. Owa pumbwa eloya yi lombwele naku ku ninga nayi, a tseye kutya ngoye omuntu gwaantu gwepangelo.

## Ekwato koonkondo

Ekwato koonkondo olyo oshilonga shopankalathano inaashi ziminwa/halika kwaangu te shi ningilwa, ano elalo lyethiminiko. Oveta yEkelelo lyEkwato koonkondo, inayi gama nando okombinga yontumba yuukashikekookantu, sha hala okutya oya kwatela mo omihukililo odhindji dhiilonga yopaihulo - sha kwatela mo naambyono hayi ningwa momakana, momatako netukululo lyiilyo yiivalitho. Shino otashi ti, oveta ndjino oya gamena aalumentu, aakiintu, aamati naakadhona komiyonena dhopaihulo. Oveta yEkelelo lyililonga yilimbuluma nomaihumbato kaage shi gopantu, oya gwedha ko wo kegameno lyaakadhona naamati mbo ye li kofi yoomvula 16, mpono hapu adhika olwindji iilonga yopaihulo tayi longwa komutu te shi ningile aanona yoomvula dha konda owala ndatu.

Ngele wa hala wu mone omauyeleele gamwe natango, uuna ongoye wu li oshihakanwa shokukwatwa koonkondo, mona okafo ka longekidhwa kEndiki lyEkelelo lyEkwatokoonkondo (otaka monika ko [www.lac.org.na](http://www.lac.org.na)).



## Egumagumoponokelo/Ekwatoponokelo

Egumagumoponokelo olyo ndyono uuna omuntu ta kwatakana iilyo yomuntu gulwe, unene mbono yohoni (yiivalitho nenge omatako nomagundji) nenge iizalomwa ye, inaashi pitikwa kwaangu ta gumwa. Omuyonena nguno ogwo einyengo lyopaipala/lyopauhalu, ndyono lyaaha shi naanaa ekwato koonkondo pakulalathana. Oshiholelwa ongaashi: omukiintu ta kwata omagundji gomukiintu omukwawo, pwaaha na epitikilo, itashi vulika shi tiwe ekwato koonkondo nenge omulumentu ta thindile elaka lye mokana komulumentu omukwawo ngono inee shi hala, itashi vulika ku tiwe ekwato koonkondo. Ashike omainyengo agehe ga tya ngawo notaga talwa, noge

li omagumagumoponokelo, molwaashono oonaku ga ningilwa inaa adhika ye gi ilongekidhila noinaye ga panda nande, oge ya adha ombaadhilila, ge ya ponokele.

## Embandameko/Ealuloehameko

Ealuloehameko olyo omukalo kehe gwehalukitho nenge gwokumbandameka omuntu noku mu ninga a kale aluhe a shoshoma (a tila). Ino tegelela aluhe omuyonena gwehthenyenokongudhi gu ku ningilwe, opo wu ka tule mo oshipotha, ihe shi ninga shampa wa koneke omandhindhiliko gasho.

## Elyatelopevi/Eisindililo

Ngashi naanaa monkatu yomahepekathano gomomagumbo, naampaka omweehamekwa okwa pumbwa a mone ombapila yelombwelogameno lyombili tayi lombwele omuningi gwomuyonena kaaha ye we mekwatathano nomuyonenwa, nosho wo ombapila ndjono tayi pula omuyoni a futile nakuyonenwa, ya za ko (*High Court*) komengestrata.

Ompango yakwalukehe yaaniilonga otayi ti kutya aalongi ayehe oye na okusimaneka ondhilo, uuntu nomaliko gayalwe, noinaa ihumbata nando pamukalo gwuukeehenesimaneko, gweshunduko nenge gwuuhasha nuukeenakonasha.

Euthomulandu lyiilonga yelongo otali ti, hamulongisikola nande tayi mekwatathano lyopaihulo/lyopaipala naalongwa, nenge te ya ponokele paihulo. Otali ti wo kutya, omulongi ina shundula nenge a longithe elaka lyomutyanyayi/lyokunyema, uuna ta popitha aalongwa, ine ya ehameka pamayiyuvo, kolutu nenge pankalathano nenge pamukalo kehe tagu thindile pevi esimaneko lyawo neinekelathano lyawo. Aalongw anenge aalongi mbono taa taaguluka eutho ndino, naaithanenwe mokangunduguni ya ka kwankwe momitse.

Opo wu mone omauyeleele ga gwedhwa po, tala momukandapukululo ngu: *Ehumithokomeho nEgameni lyOosikola Okupitila Pamikalolo Dhekwatathano Posikola* tagu monika ([www.lac.org.na](http://www.lac.org.na))

