

## Ekwatho (eambidhidho) paunamiti

Efatululo lyoshitya “omupambe” paveta yepangelo mepango lyopaumwene painiwe yawo, olya gandja ompito kaakalipamwe yuukashikekookantu wa faathana yi inyolithe mekwatho lyopaunamiti. Omahangano gamwe gopamwene gokugandja iimaliwa oge na ompito yokwiinyolilithilwa nokufuta oonakukalapamwe ya tya ngaaka. Ngele okakalata koye kopaunamiti inaka kwatele mo mukweni ngu mu li naye, oto vulu wu pule oonaku ku nyola (mehangano mono wa adhika) ya kwatele/tule mo. Nonando oonakufuta mbono itaa lundulula mbala opolesa yoye (sho wa tula mo mukweni) otaye ke shi ninga monakuyiwa.

Ekwatho lyopaunamiti lyomahangano ogendji, mwa kwatelelwa nolyekwatho lyopaunamiti lyepangelo, ihali futile etando lyopaumwene lya ningilwa oshilyo shontumba, mono oshilyo shoka sha tandwa ando omolwuukashikekookantu washo wa dhimbululwa wu li iikwaali.

Monkatu yetando lyoludhi lwa tya ngawo, omwa pumbwa efatululo neyelitho, opo mbono haa futu ya vule okuuva ko nawa yo ya tale ngele otaa yi mo olunyala uuna tashi ya pofuto.



## Nkene taku ningwa enyenyeto molwomukundu gu na sha nesiloshimpwiyu lyopaunamiti

Ngele owu na eyeme kombinga yomunashilonga gwuundjolowe gwepangelo, shi holola momukandanyenyeto gwa kolekwa negano. Omukandanyenyeto ngono ogwo ombapila mono wa holola kutya shono wa nyola mo oshoshili nowe shi ningila montaneho yOmuganithi. Kehe omutseyiveta a ziminwa paveta, oye Omuganithi. Oto vulu wo wu mone Omuganithi poshitaasi kehe shopolisi.

Omukandanyenyeto gwa kolekwa negano nagu kwatelele mo ashihe shoka she ku yemateka – shono sha ningwa, esiku sha ningwa nehala, notundi mpo sha ningilwa. Oto vulu wu pule kehala ku yiwe, ku ningwe omakonakono kokuma hoka wu li, noku pa mbo taa ya ye ga ninge omauyebele gi ihwa po.

Enyenyeto lyouye oto vulu wu li tume kondjukithi ndji: “Amushanga gwEndikizulonkalo Lyaanashilonga mOshikondo shUukalinawa moNamibia (The Registrar of Health Professions Councils of Namibia).” Amushanga ote ku pula wu shaine omukandauvathano, wu gandje ompito yoolopota dhoye dhopaunamiti, uuna shi li sha pumbiwa, ku monike ompito yokukonakona enyenyeto ndyoka. Nena Amushanga ota gandja enyenyeto ndyoka kolutu ndu halu ungaunga niinima yi na sha niilongaithano yopaunamiti, opo lu shi konakone muule.

### Omauyebele gawo ogo Health Profession Councils of Namibia:

- Ondjukithi yepandaanda: 36/37 Schönlein Street Windhoek West
- Ondjukithi yoshiketha: Private Bag 13387 Windhoek



Okafu haka oka longekidhwa kOmapekapeko gUukashikekookantu nOproyeka yoAhenda yEndiki lyEkwatho lyOpaveta mo-2014.



Oonzo nomakwathelo genduluko oga ningwa kEpagelo lyiligwana yaHangana yaAmerica

Endiki lyEkwatho lyOpaveta: Ongodhi 061-223356 • Oshiketha shopoosa 604, Ovenduka • info@lac.org.na

# UUTHEMBA WOMASHENGE NOWOOHIKWAALI MONAMIBIA

## Uundjolowe

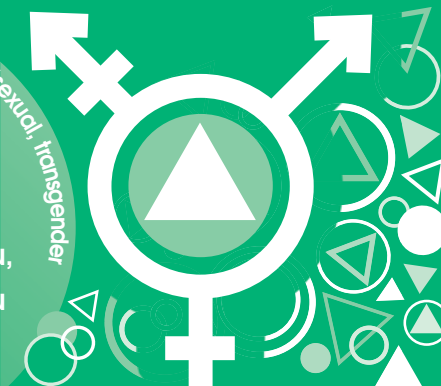
Ethenyenokongudhi lyoohiikwaali nomashenge kombinga yesiloshimpwiyu lyopaunamiti oli li omukundu omunene apehe muuyuni. Iiyimbi (omandagalati) yokumona ompito yesiloshimpwiyu lyopaunamiti yimwe oyo mbi: okafekela, uukwahenesimaneko (ondhino) nelaka lyomutyanyayi, ontseyo inaayi ihwa po maagandji yesiloshimpwiyu lyopaundjolowe (lyopaunamiti) negwanitho lyoompumbwe dhoohiikwaali nomashenge pauhandimwe; embanyagulopo lyeinekelathano maavu noondjindikila dhuumbwanda.

Kehe gumwe moNamibia oku na uuthemba wokupewa ompito a mone eyakulo lyopaundjolowe (lyopaunamiti) pwaawe na okayoya, nakehe gumwe oku na uuthemba wokuningilwa sha/wokuyakulwa pamukalo gwesimaneko.

Agandji yeyakulo lyopaunamiti oye na wo oshinakugwanithwa shekalekopo lyeinekelathano maavu yawo. Shika otashi ti kutya naa kale ye na “ontulo” noinaa taandelitha nande omauyebele ge na sha niholekwa yepango lyaavu.

LGBT = lesbian, gay, bisexual, transgender

LGBT = omashenge, oohiikwaali, omulumentukiintu, omukiintulumentu



## Oveta yaNamibia

Oveta otayi ti: Epangelo nali taambe omilandu dhi na elalakano lyokuhwepopaleka uundjoloweke waakwashigwana. Maakwashigwana omwa kwatelwa wo omashenge, oohiikwaali pambekuko naambo ye na uukashikekookantu wu li mumwe okuza kevalo lyawo.

Oveta natango otayi ti kutya, aantu ayehe oye thike pamwe nosho wo kutya ondhilo yomuntu kehe nayi simanekwe. Ngele omashenge, oohiikwaali naambo ya tula mumwe uukashikekookantu kaye na noitaa vulu kumona ompito yomayakulo gopaunamiti, nena omauthemba gawo guuthikepamwe nondhilo yawo oya yonwa.

## Oveta yipangelo nomandiki gopaundjoloweke

Oveta ndjika otayi ti kutya omuntu kehe moNamibia oku na uuthemba nompito a yakulwe niyakulitho yepangelo. Otayi ti wo kutya kehe gumwe moNamibia okwa zimininwa omayakulo gopaunamiti nokutyapula omayakulo agehe gopaundjoloweke, tage mu zile kepangelo. Omayakulo ngaka naga pewe wo omashenge, oohiikwaali naamboka yuukashikekookantu inawu faathana, tawu adhika molutu lumwe.

## Omiwilikilandu dhopapangelo

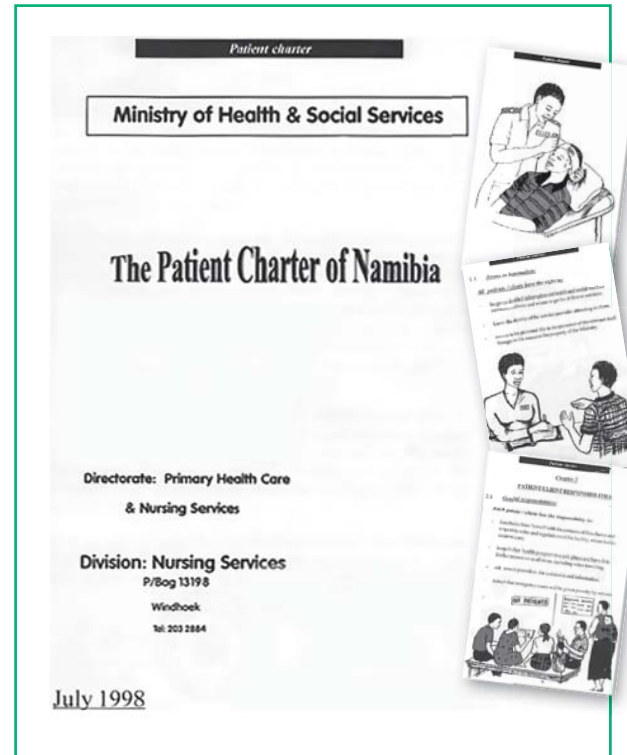
Endikizulonkalo lyaaniilonga yuundjoloweke moNamibia, oli na omilandu dhalyo dhi na naalangi yomoshikondo shalyo. Omilandu ndhino otadhi ti kutya eyakulo lyomuvu inali gandjwa pakafekela ki ikwatelela kelongoitaalo lyomunashilonga ngu te mu panga – sha kwatela mo omaitaalo kombinga yuukokele we, uukashikekookantu nenge oohedhinkaloputudho dhopaihulo.

Omiwilikilandu ndhino odha zimina wo kutya, kehe gumwe oku na uuthemba wokuholola omakemo ge kombinga yomayakulo gopaunamiti, okupula omayemenyeneyeto ge ga konakonwe ye a pewe iizemo yomakonakono ngo ga ningwa po.

**NDHINDHILIKA:** Endikizulonkalo lyaaniilonga nomalutu gochater kadhi shi oodokumende inaadhi pitikwa, ashike otadhi gandja enkonopaleko kiilonga ya ziminwa yegandjo lyesiloshimpwiyu lyuundjoloweke opo ya gandje omayakulo nopwaa na okayoya nonesimaneko lyeinekelathano.

## Opatient charter

Namibia okwa eta po olutu: “Patient Charter” ndono halu gamene uuthemba moshitopolwa shuukalinawa. Olutu nduno otalu ti kutya, eyakulo li ikwatelela kompumbwe yomuntu e na, noitaaku talwa omuhoko, omuthikankalo gwe gwopaliko, oludhi, eitaalo, uukashikekookantu we, uukokele, uutekunkalo ye yopaihuli nenge opolitikwa, oyo na pewe. O “Patient Charter”, ohayi kwatha wo okupa omunyeneyeti nenge omuningwanayi omayele, ngele oku wete oshikumungu she itaashi endelelwa po kwaangono e na oku mu pa ekwatho, nena olutu nduno otalu mu lombwele a fale eyeme lye komukuluntu gwiinima yoludhi ndoka, nenge kombelewa yoshikandjo shUukalinawa wOpaunamiti.



## Einekelathano (Epungulo lyiiholekwa; Esiikililathano)

Mbono ye li oonakugandja ekwatho lyopaunamiti oye na oshinakugwanithwa shokugamena einekelathano pokati kawo naavu, kakele owala uuna sha pumbiwa okuholola onkalo yomuvu puuyelee – (ngashi okulopota omiyonena dha ningilwa uunona nenge omukithi gwomukwawu gwa talika gu kwate aakwashigwana yalwe.)

Omugandjkwatho lyopaunamiti ngono a teya ompango e ta holola iiholekwa yaavu, te shi ningi pwaawe na etompelo li uvitike, okwi ilongela okuholoka koshipala shaakuluntu a ka katukilwe onkatu (kwankwe momutse). Omugandjkwatho lyopaunamiti ngono a holola iiholekwa yomuvu, omuvu inee mu pitika e shi ninge, oku na okufuta omuvu ngoka molwokuholola iiholekwa yuuvu we.

Ompango ndjika yegameno lyeinekelathano oya kwatela mo wo oondohotola, aapangi yomayego, oonesa, aatseyimwenyo kuukilnika nokomuntu kehe ha longo muunamiti. Ihe monena, ompango ndjika inayi kwatela mo aaniilonga yokomake, aahaputeka (ooyene) nenge aapangi yopamuthigululwakalo, aawe.

