

Seeking Safety

Increasing awareness of the **IMPACT OF DOMESTIC VIOLENCE** in Namibia



WHAT IS CHILD ABUSE?

1. Child abuse is the mistreatment of a child. Children can be abused by people they know, such as family members, or by people in the community, or by strangers.
2. There are many different types of abuse. These include physical, sexual, economic and psychological acts of violence.
3. When a child is abused by family members, this is domestic violence. It is also domestic violence if a child is allowed to see physical, sexual or psychological abuse against a family member.

WHAT TO DO IF YOU ARE A CHILD AND YOU ARE BEING ABUSED

1. Speak to a trusted adult or friend. This could be a family member, teacher or pastor.
2. Ask the adult or friend to help you contact a social worker, a Woman and Child Protection Unit or the police. You can also contact a social worker or police officer directly.
3. If you cannot find anyone to help you or if you are not sure what to do, you can call LifeLine/ChildLine free on 116. They can advise you.

WHAT TO DO IF YOU KNOW THAT A CHILD IS BEING ABUSED

Report the case to a social worker, a Woman and Child Protection Unit or the police.



British High Commission Windhoek

This advert was placed by the Legal Assistance Centre and funded by the British High Commission in Namibia.

Photo by Syliva Kincses

Disclaimer:
The persons depicted in these advertisements are not actual victims.

