

Seeking Safety

Increasing awareness of the **IMPACT OF DOMESTIC VIOLENCE** in Namibia



Examples of domestic violence

1. Physical abuse, such as beating, kicking or burning.
2. Sexual abuse, such as rape or forcing someone to have sexual contact.
3. Economic abuse, such as not allowing a person to have items or money they need or should expect to have (such as food or their own wages).
4. Intimidation, which is making someone afraid by using threats or similar behaviour.
5. Harassment, which is repeatedly following or communicating with someone in a way they do not want.
6. Trespassing, which is entering someone's home or property without their agreement when they do not share the same home.
7. Emotional or verbal abuse, which is a pattern of behaviour that makes a person feel seriously upset or embarrassed. This could include repeated insults or jealous behaviour.
8. Threatening to do any of these things is domestic violence.

It is also domestic violence if a child is allowed to see physical, sexual or verbal abuse against a family member.

Poster series produced by the **Legal Assistance Centre** with support from **UNICEF**



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Photo by **Syliva Kincses**

Disclaimer:
The persons depicted in this series of posters are not actual victims.

ZERO TOLERANCE FOR DOMESTIC VIOLENCE!