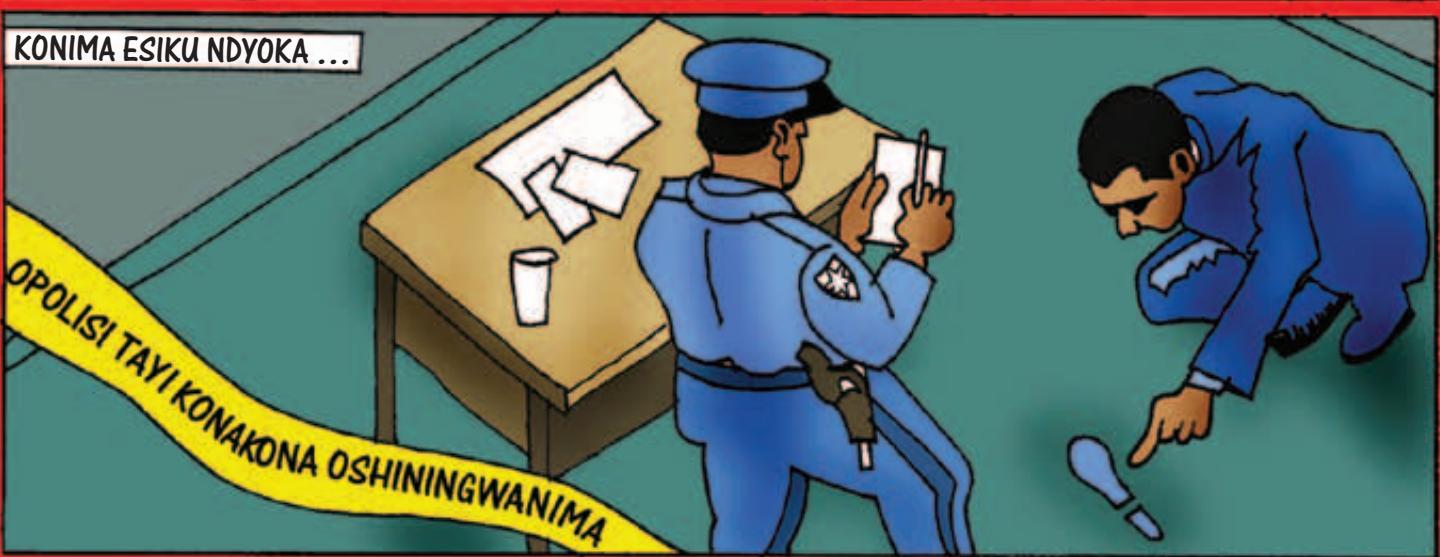


# EIFUTILOMO MIIPOTHA YEKWATONKONGA

MONDUNDA YIIGONGI - OWILI ONTINTATU (3)

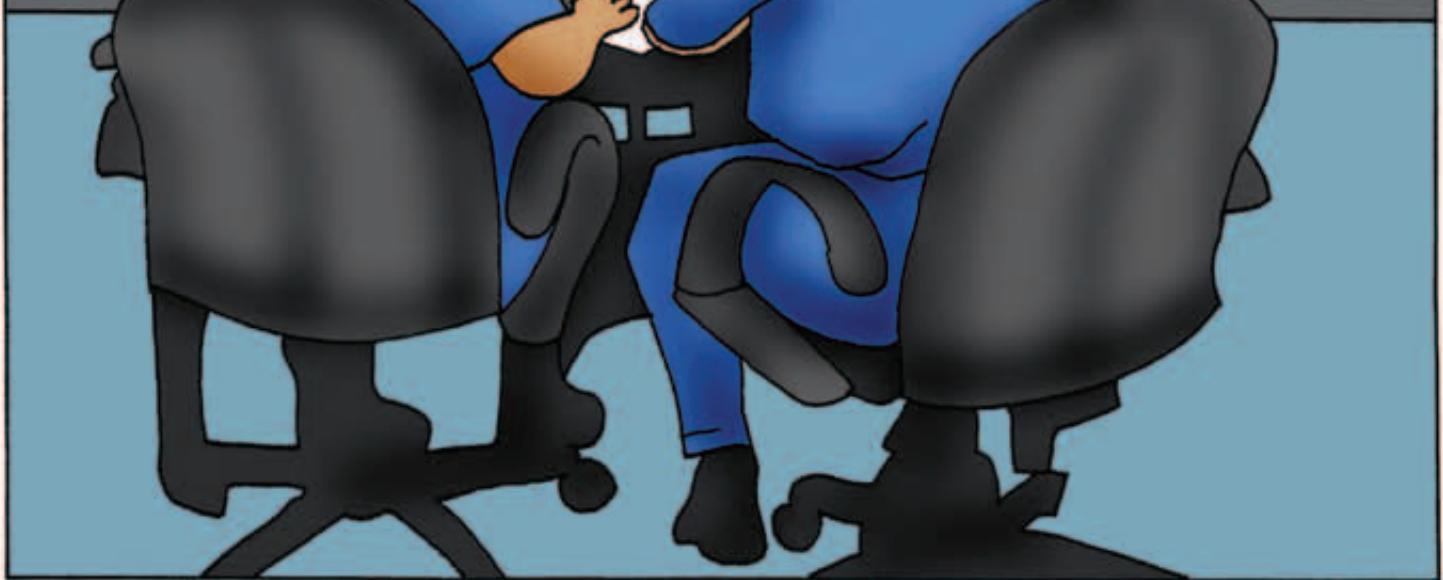


Owa kватва shi na  
sha nekwatonkonga  
lya Elissa  
Mabena nena.

Opu na okukala  
epuko. Onda  
li moshigongi  
komatango gonena.

Meme Mabena ke shi ngoka e mu kwatonkonga  
molwashoka naku mu kwatonkonga okwe mu kwata  
okuziilila konima nokwe mu ningile omatilitho kutya  
ngele okwe mu tala ote mu dhipaga. Aaniilongapamwe  
nangoye oya ti nena owa zi mo moshigongi  
iikando oyindji. Ou na eyelithilo mwaashoka?

Eeno omumwandjemati  
ota ehama noonkondo  
nonda lombwele  
ndohotola a dhengele  
ndje. Onda zi mo  
moshigongi opo ndi  
popye naye paumwene.



Ndohotola ota vulu  
okukwashilipaleka/  
koleka shoka wa popi?

Eeno. Otandi vulu oku ku  
ulukila omathimbo oongodhi  
dha dhengwa kongodhi yandje.





Otwa mono omanyala goye mondunda  
moka Elissa Mabena a kwatelwa onkonga.

Onda yile moombelewa  
dhaa na sha/dhi li  
owala opo ndi ka  
popye naNdohotola  
molwashoka kanda li nda  
hala okupiyaganekwa.  
Oto ka mona omanyala  
gandje moombelewa  
odhindji. Inandi  
kwatongkanga nando olye.



Otashi pula  
oomwedhi omanga  
oshipotha inaashi  
ya kompangu.

Ngele onda kala mondholongo otandi kanitha iilonga  
yandje. Ohandi kwathele ofamili yandje nokufuta  
ehala lyokukala. Epango lyomumwandjemati  
oli na ondilo. Opu na sha tatu vulu okuninga.

Otatu vulu okuninga  
eindilo lyeifutilomo.  
Oto ka futa iimaliwa  
kompangu opo u koleke  
kutya oto ka holoka  
kompangu. Ngele owa  
yi kompangu oto ka  
shunithilwa iimaliwa yoye.  
Omupanguli otaka tula po  
wo oonkalo dheifutilomo.  
Ndhika odho oompango  
wu na okulandula,  
ngaashi okwaaha ninga  
ekwatathano nanakuninga  
oshipotha. Ashike oto  
vulu okukala pegumbo  
nokuya kiilonga sigo  
esiku to ka pangulwa.

Omukonakoni  
omukuluntu,  
omolwashike  
omuyoni  
nguka ta pewa  
eifutilomo?

Ekotampanga lyaNamibia otali ti aantu ayehe kaye na  
ondjo sigo osho taa ka monika ondjo. Aatamanekwa  
oye na okutsikila oonkalamwenyo dhawo sigo ompangu  
ya pu. Okukaleka omutamanekwa mondholongo  
manga inaa pangulwa osho eyeleko ekukutu ndyoka  
tali vulu owala okulongithwa uuna omutamanekwa a  
fadhuka po, ngiika tashi kala ethiminiko koombangi  
nenge tashi kala oshiponga kaantu yalwe.

Ihe oshike ngele  
omutamanekwa  
ota thiminike  
nokweehameka  
osihakanwa  
shekwatonkonga  
ngele osha lopota  
oshimbulumwa?



## OSHIITHANENE SHETHIMINIKO

Ngele omutamanekwa ota thiminike oshihakanwa, oshihakanwa oshi na okutseyithila omupanguli, omupanguli oku na okukwatela mo uuyelete mbuka a mono komapulakeneno geifutilomo.

Omupanguli opo ihe taka ninga etokolo kutya ota gandja eifutilomo nenge aawe.

Uuna eifutilomo lya gandjwa, oonkalohokololo dheifutilomo odha dhiladhililwa okugamena oshihakanwa naanamukunda.

Molwashoka shika osho oshipotha shekwatonkonga, omupanguli ota gandja elombwelo komutamanekwa opo kaa ninge ekwatathano noshihakanwa. Ngele oonkalohokololo dheifutilomo odha teka, omutamanekwa ota kwatwa po e ta taalele egeelo nenge a kale mondholongo uule womvula yimwe.

Ongame omukulukadhi gomutamanekwa. Ondi shi shi kutya omusamane gwandje ke na ondjo. Ngashingezi ondi uvite ko kutya omolwashike aantu haya pewa eifutilomo manga inaaya pangulwa. Osho epuko okukaleka omuntu gwontumba mondholongo kakele ngele opu na etompelo. Omusamane gwandje ina nika oshipongwa moshigwana.





## OMULANDU GWEIFUTILOMO

### OSHIKE HASHI NINGWA POMAPULAKENENO GEIFUTILOMO?

Omutamaneki ota pula omupanguli ngele eifutilomo otali vulu okugandjwa. Ota lombwele omupanguli kombinga yuukwatyankalamwenyo womutamanekwa. Opo ihe omutamaneki nomukalelipo gomutamanekwa taya ningi omaopilo komupanguli kombinga yokugandja eifutilomo e taya tula po omilandu dheifutilomo.

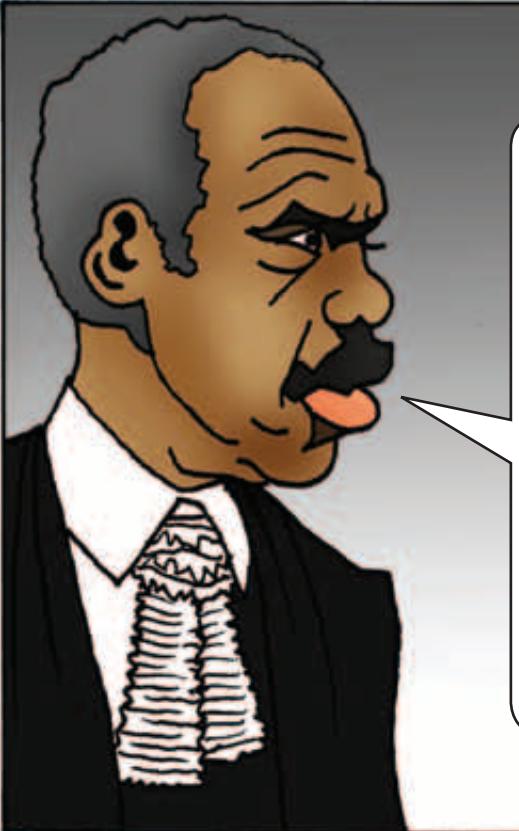
Opolisi oy na oshinakugwanithwa shokutseyithila nakunyenya esiku lyompangu yomapulakeneno geifutilomo. Nakuninga enyenyeoku na uuthemba wokukala pomapulakeneno geifutilomo opo a kwashilipaleke kutya omupanguli okwa mona uuyelete auhe wi ihwa po. Nakuninga enyenyeoku na natango uuthemba wokupula omutamaneki opo a gandje uuyelete wa pumbiwa nenge uumbangi komapulakeneno geifutilomo, ngaashi ando kutya nakunyenyaoku na uumbanda wokukala a tila ngele omutamanekwa okwa mangululwa pakwiifitila mo.

Miipotha yekwatonkonga, omutamanekwa oku na okutseyithila ompangu kutya oku na okumangululwa. Miipotha iinene yomakwatonkonga, ngaashi ekwatonkonga pangundu nenge ekwatonkonga lyokanona, omutamanekwa oku na okugandja ompumbwe yomatompelo kutya omolwashike e na okumangululwa.

Ngele nakunyenya ine ya komapulakeneno gefutilomo, omutamaneki oku na oshinakugwanithwa shokulombela nakunyenya ngele omutamanekwa okwa mangululwa keifutilomo nokombinga yomilandu adhihe ndhoka dha thiminike opo a mangululwe.

### OPU NA IITEGELELWA IYALI YEIFUTILOMO/YOKWIIFUTILA MO:

1. **Omutamanekwa ota futu iimaliwa** kompangu. Shika otashi ningwa opo kukwashilipalekwe omutamanekwa a galukile kompanju – ngele ina holoka kompangu, epangelo otali pungula iimaliwa nopolisi otayi kwata po omutamanekwa. Omwaalu gwiimaliwa yeifutilomo otayi/pingakanithwa/ishendje shi ikolelela kuukwatyankalamwenyo.
2. **Omupanguli ota tula po omilandu** dheifutilomo opo a konakone omutamanekwa nokukaleka aanamukunda ya gamenwa. Uukwatyankalamwenyo owo oompango ndhoka omutamanekwa e na okuuvaneka oku wu landula. Miipotha yekwatonkonga, ompangu OYI NA okugwedha mo uukwatyankalamwenyo opo yi kale ya shilipalekwa kutya omutamanekwa itaka ninga ekwatathano nanakuninga omanyenyeto.



Omutamanekwa ke na  
nale oshipotha, oha kala  
mondoolopa ndjika nofamili  
ye noha longo muka. Itandi  
ahiladhila ota ka thiga po  
ondoolopa opo a ye moshipala  
ompangu nenge oku ka  
kambadhala okupiyaganeka  
nakuninga enyeneyeto.  
Omutamanekwa oku na aantu  
oyendji mboka ha yambidhidha  
mofamili ye, mwa kwatelwa  
okamwanamati hoka take  
ehama. Molwomatompelo  
ngaka otandi mu pe eifutilomo  
sigo esiku lyepangulo.



Tate Kinda oku na okufuta kompangu  
N\$5000 opo tu kale tu shi shi kutya  
otaka holoka kompangu. Ita kala e  
na ekwatathano nanakunyenyeta  
nenge a kambadhale oku mu lombwela  
opo a kuthithe mo oshipotha.

N\$5000 oyo  
iimaliwa oyindji ...



Eifutilomo otali vulu okukala  
eshona. Ashike Tate Kinda  
owu na iilonga iiwanawa noto  
vulu okufuta. Ngele ando  
iimaliwa oya li iishona itashi  
ke mu mweneka mokukaleka  
uukwatyankalamwenyo  
weifutilomo lye. Iimaliwa  
ote ke yi galulilwa uuna  
a holoka kompangu.

Omutamanekwa okwa peva eifutilomo sigo esiku taka holoka kompangu. Owu na okulombwela ndje ngele okwa teya po uukwatyankalamwenyo wefutilomo.

Otandi lombwele omupanguli nomutamanekwa otaka kwaatwa ishewe. Osho eyono enene okuya moshipala uukwatyankalamwenyo wefutilomo.

Tangi sho wa tseyithile ndje. Ondi itaala kutya ompangu otayi ka gamena ndje.

Onda nyanyukwa molwashoka otandi yi kegumbo notandi ka sila oshimpwiyu ofamili yandje. Ondi inekela kutya ompangu otayi ka ningwa mbala opo ndi yelithe kutya ngame kandi na ondjo naapolisi otaya ka konga omuyoni gwoshili. Hakehe gumwe ngoka a kwatwa molwoshimbuluma ha monika ondjo.

Shipotha osha yi kompangu konima omvula ndjoka. Gabriel okuulikwa kee na ondjo nopolisi oya tsikile nokukonga omukwatinkonga. Omwedhi gumwe konima yompangu omufekelwa gulwe okwa kwatwa. Mompangu ye, omufekelwa okwa monika ondjo meyono.

## OMOLWASHIKE EIFUTILOMO LYA SIMANA

- Okukala omutamanekwa meyono inashi faathana nokukala wa monika ondjo meyono.
- Ohapu kala olwindji iipiyanekki pokati kekwatwo nompangu. Nopwaa na eifutilomo, omutamanekwa ota kala oomwedhi nenge oomvula mondholongo. Shika ohashi etele aatamanekwa yamwe ya kanithe iilonga yawo nomagumbo gawo. Ngele omuntu ngoka a kwatwa po ke na ondjo, shika osha hala okutya otaya geelwa miinima mbyoka yo kaaye na ondjo.

"Aantu ayehe mboka ya konakonwa meyono otaya talika ko yaa na ondjo sigo ometompelo lyokumonika ondjo kopampango, konima sho ya mono ompito yokwiithana aagandji yuumbangi nekonakono lye ya ningilwa."

– Ekotampango lyaNamibia, Oshitokolitho 12(1)(a)



OWU NA

... EPULO?

... EGWEDHELOPO?

... OWA PUMBWA UUYELELE OWUNDJI?

KWATATHANA NATSE!

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Otwa hala okuuva eyamukulo  
lyoye kombinga yokatuuna ndjika.



Ehokololo:  
LAILA HASSAN

Omafano, omutholomo netulomelundulathano:  
DUDLEY VIALL NAPERRI CAPLAN

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Omunyanyangidhi:  
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GENDER RESEARCH & ADVOCACY PROJECT,  
LEGAL ASSISTANCE CENTRE, 2010

Okafo haka otaka vulu okuningwa ookopi omolwomalalakano  
ge na sha nelongo, shampa ashike onzo ya tseyithilwa.

Ontopolwa yokanyolwa haka yopalusheno yoshinyanyangidhwia  
shika otayi adhika ko website yo LAC: www.lac.org.na

Molwuuyelete  
wa gwedhwa po  
mona okambo  
ko-LAC kedhina  
Eifutilomo mlipotha  
yEkwatonkonga  
nOmahepekathano  
gomOmagumbo,  
taka monika  
pamushangwa  
noko-website  
yo-LAC.