

# Republic of Namibia Annotated Statutes

# REGULATIONS

# **REGULATIONS MADE IN TERMS OF**

# Social Work and Psychology Act 6 of 2004

section 56

# Regulations relating to Scope of Practice of Psychological Counsellors

Government Notice 31 of 2009 (GG 4218) came into force on date of publication: 06 March 2009

# as amended by

Government Notice 11 of 2021 (GG 7453) came into force on date of publication: 4 February 2021

The Government Notices which publish these regulations and amendments note that they were made on the recommendation of the Social Work and Psychology Council of Namibia.

# **ARRANGEMENT OF REGULATIONS**

- 1. Definitions
- 2. Scope of practice of psychological counsellor
- 3. Performing of professional acts by student in the profession of psychology
- 4. Performing of professional act by psychological counsellor intern in the profession of psychology

#### Definitions

**1.** In these regulations, unless the context otherwise indicates, a word or expression defined in the Act has that meaning, and -

"profession of psychology" means the profession of a psychological counsellor; and

#### REGULATIONS Social Work and Psychology Act 6 of 2004 Regulations relating to Scope of Practice of Psychological Counsellors

"the Act" means the Social Work and Psychology Act, 2004 (Act No. 6 of 2004).

#### Scope of practice of psychological counsellor

2. The following acts are regarded to be acts specially pertaining to a psychological counsellor -

(a) The administering and interpretation of -

#### [The word "the" at the beginning of paragraph (a) should not be capitalised.]

- (i) the psychological testing and assessment of children for school readiness;
- (ii) the psychometric testing and assessment of a person relating to his or her -
  - (aa) aptitude;
  - (bb) interests; and (cc) attitude,

excluding the assessment of the mental status of a person; and

- (b) the counselling of a person, or more than one person, relating to -
  - (i) his or her or their career or careers;
  - (ii) the human immunodeficiency virus and acquired immune deficiency syndrome;
  - (iii) Community Mental Health;
  - (iv) school readiness;
  - (v) school adjustment, career development and studies;
  - (vi) his or her or their employment regarding adjustment, career development and studies; and
  - (vii) sport, including counselling to individuals or teams;
- (c) the reporting on the testing, assessment and counselling prescribed by paragraphs (a) and (b) respectively; and
- (d) the assisting of a clinical psychologist or an educational psychologist in -
  - (i) the making of an assessment or diagnosis on the mental status of a person or a group of persons;
  - (ii) the administering of advanced psychometric evaluation techniques, including personality assessment procedures and intelligence assessment techniques;
  - (iii) the interpretation of the results of the techniques prescribed by subparagraph(ii);

#### REGULATIONS Social Work and Psychology Act 6 of 2004 Regulations relating to Scope of Practice of Psychological Counsellors

- (iv) psychotherapeutic procedures aimed at the treatment of psychological ailments or difficulties, including brief term supportive therapeutic interventions, co-therapy in group psychotherapy, family psychotherapy and individual psychotherapy;
- (v) evaluative interviewing during forensic evaluations, and the establishment of psycho-diagnosis; and
- (vi) research procedures involving the mental status of a person or a group of persons.

#### Performing of professional acts by student in the profession of psychology

**3.** A student in the profession of psychology may perform, as part of his or her education, tuition and training, and on the instructions, and under the direct supervision, of a psychological counsellor, any of the acts prescribed by regulation 2.

# Performing of professional acts by psychological counsellor intern in the profession of psychology

4. A psychological counsellor intern in the profession of psychology may perform, as part of his or her internship, on the instructions and under the direct supervision of a clinical psychologist or an educational psychologist, any of the acts prescribed by regulation 2.

[regulation 4 inserted by GN 11/2021]